



Waiver, Release of Liability and Physical Fitness Readiness Form

I am fully aware of the risks associated with strenuous physical activity; I am in good medical condition/health; I have no medical condition which would prevent me from safely participating in this activity; and I have medical clearance to participate. I knowingly and willingly assume all such risks and acknowledge that my participation in this activity is fully voluntary.

In consideration of my participation in this activity, I, on behalf of myself, my heirs, assigns, executors, administrators and representatives, hereby release and hold harmless Attitudes Dance and Fitness, this venue, and any respective employees, instructors, agents, successors and assigns (collectively, "Releasees"), from any and all liability, loss, damage, costs, claims and/or causes of action of every kind and nature, including but not limited to those for bodily injuries, death, and property damage arising out of or relating to my participation in this activity, even if caused by the negligence of the Releasees.

I understand that this waiver is intended to be as broad and inclusive as permitted by the laws of Massachusetts and agree that if any portion is held invalid, the remainder of the waiver will continue in full legal force and effect. I further agree that this agreement shall be governed by the law of Massachusetts.

I affirm that I am of legal age and am freely signing this agreement. If I am not of legal age, the signing of this agreement shall be witnessed and signed by my parent or guardian. I have read this form and fully understand that by signing this form I am agreeing to abide by all venue guidelines and guidelines of the venue premises regarding the use of its recreational facilities. I further understand that by signing this form, I am giving up legal rights and/or remedies, which may be available to me against the Releasees.

Signature

Date

Email

OK to Email you?

Print Name

Mailing Address

Phone (best number to reach you)

Parent/Guardian Signature
(If under 18)

Parent/Guardian Print Name