



# Fall/Spring 2015-16



|       | Monday  |  |                             | Tuesday                           |  |   | Wednesday                             |   |                                | Thursday |  |  | Friday   | Saturday                                |  |                                      | Sunday                                      |                           |
|-------|---|--|-----------------------------|-----------------------------------|--|---|---------------------------------------|---|--------------------------------|----------|--|--|----------|---|--|--------------------------------------|---|---------------------------|
|       | STUDIO A                                      | STUDIO B   | STUDIO C                    | STUDIO A                          | STUDIO B   | STUDIO C                                | STUDIO A                              | STUDIO B                                  | STUDIO C                       | STUDIO A | STUDIO B                                       | STUDIO C   | STUDIO A | STUDIO A                                | STUDIO B   | STUDIO C                             | STUDIO A                                    |                           |
| 8:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 8:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      | ADULT Piloxing® EXP! 8:30-9:15              | ADULT Piloxing® 8:30-9:30 |
| 9:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   | Tina                      |
| 9:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          | Ballet I (Age 7+) 9:15-10:15 Miss Dawn  | Intro to Dance 1 (Age 4-5) 9:15-10:15 Miss Melanie | ADULT Broadway Jazz 9:15-10:15 Diane | ADULT BarreBALANCE 9:30-10:30               |                           |
| 10:00 |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   | Tina                      |
| 10:30 |   |  |                             |                                   | Tiny Tots 10:30-11:15 Miss Angelica                |   |                                       |   |                                |          |  |  |          | ADULT Int. Ballet 10:30-12:00 Miss Dawn | ADULT Pilates/Yoga 10:15-11:00 Miss Melanie        | Tiny Tots 10:15-11:00 Miss Melanie   | ADULT Int. Tap 10:30-11:30 Amy              |                           |
| 11:00 |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 11:30 |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 12:00 |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 12:30 |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 1:00  |   |  |                             |                                   |  |   |                                       |   |                                |          | Tiny Tots 12:45-1:30 Miss Hannah               |  |          |   |  |                                      |   |                           |
| 1:30  |   | Intro to Dance 1 (Age 4-5) 1:15-2:15 Miss Angelica |                             |                                   |  |   |                                       |   |                                |          |  | Intro to Dance 1 (Age 4-5) 1:30-2:30 Miss Hannah |          |   |  |                                      |   |                           |
| 2:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 2:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 3:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 3:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 4:00  | Ballet I (Age 7+) 3:45-4:45 Miss Dawn         | Intro to Dance 2 (Age 5-6) 4:00-5:00 Miss Angelica |                             | Ballet II/III 3:45-5:00 Miss Dawn | Intro to Dance 2 (Age 5-6) 4:00-5:00 Miss Angelica |   |                                       |   |                                |          |  | Hippety Hop (Ages 4-6) Miss Hannah               |          |   |  |                                      |   |                           |
| 4:30  |   |  |                             |                                   |  |   |                                       | Jazz/Tap (Ages 5-8) 4:45-5:45 Miss Hannah | Beg/Int Tap 4:00-5:00 Miss Amy |          | Open Int. Ballet (Age 12+) 4:00-5:00 Miss Dawn | Beg Hip Hop (Age 7+) Miss Ashley                 |          |   |  |                                      | JR TEAM REHEARSAL BLOCK 4:00-6:00           |                           |
| 5:00  | Jazz I (Ages 7+) 5:00-6:00 Miss Angelica      | Intro to Dance 1 (Age 4-5) 5:00-6:00 Miss Melanie  | ADULT Zumba® 5:00-6:00 Dawn | PrePointe 5:00-5:30 Miss Dawn     | Jazz II/III 5:00-6:00 Miss Angelica                |   |                                       |   | TEAM - TAP REHEARSAL BLOCK     |          |  |  |          |   |  |                                      |   |                           |
| 5:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 6:00  | Ballet III/IV 6:00-7:30 Miss Dawn             | Musical Theatre 6:00-7:00 Miss Angelica            | ADULT Yoga** 6:00-7:15 Meg  | Ballet V* 5:30-7:00 Miss Dawn     | Int Hip Hop 6:00-7:00 Miss Monique                 | ADULT Modern 6:00-7:00 Angelica         | Family Fun Hip Hop (Age 5+) 5:45-6:45 |   | Int/Adv Tap 5:45-6:45 Miss Amy |          |  |  |          |   |  |                                      | ADULT/Teen Irish Step 5:30-6:30 Miss Hannah |                           |
| 6:30  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 7:00  |   | ADULT Ballroom Beg/Int 7:00-8:00 Angelica          |                             | Pointe-Int/Adv* 7:00-7:30         | Int. Lyrical 7:00-8:00 Miss Monique                | ADULT Stretch & Tone 7:00-8:00 Angelica | ADULT Ballet BASICS 6:45-8:00 Lisa    |   |                                |          | ADULT Tap BASICS 6:45-7:45 Amy                 |  |          |   |  |                                      |   |                           |
| 7:30  | Pre-Pointe & Pointe-Beg/Int** 7:30-8:15       |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 8:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          | ADULT BarreBLAST! 7:30-8:30 Dawn        | Acro FUN! (Age 8+) 7:30-8:15                       |                                      | ADULT Zumba® 7:30-8:30 Jess                 |                           |
| 8:30  | Adv Lyrical/Contemporary* 8:15-9:15 Miss Dawn |  |                             | Jazz V* 8:00-9:00 Miss Dawn       | Jazz IV 8:00-9:00 Miss Angelica                    | ADULT BarreBLAST! 8:00-9:00 Monique     |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |
| 9:00  |   |  |                             |                                   |  |   |                                       |   |                                |          |  |  |          |   |  |                                      |   |                           |

\*Class may be taken with permission. \*\*Double-punch class. Classes in red are closed. Rev 12/3/15  
Subject to change without notice. Please see web site for most up-to-date schedule.